

In the 5th Glorious mystery, we read and we meditate undisturbed:

“The Crowning of Mary Queen of Heaven and Earth, and of the Angels and Saints”...

FROM THE BOOK OF REVELATION:

“A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars.” (Rev 12:1)¹

MEDITATION ON THE MYSTERY:

Help us, Lord, to be true spiritual athletes, racing for the crown of eternal glory; prevent us from slowing down or being disqualified now that we, by Your grace, have been made worthy to participate in the lot of the saints in light! (cf. Col 1:12) (cf. SLC, p. 490)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to being quick on the race for holiness, St. Maximilian Kolbe says, “Within a short time, zeal may merit more than several years of mediocre service to God. Make up for lost time through fervor. Reward [will come] based on merits. Merits [will come] on the basis of grace and cooperation to grace; grace [will come] on the basis of cooperation with it.” (MAXIMILIAN M. KOLBE, Daily Meditations 1918, KW 987A, in: The Writings of St. Maximilian Maria Kolbe, Vol. II, Nerbini International 2016, p. 1605)

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)
- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...